

Hello,

Please see below for programming resources related to working with older adults, information about the America250 grant, and upcoming webinars. Let me know if you have any questions about the items included here, and I will do my best to help you.

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## Programming

### America250 Grant and resources

- America250 Grant Program (offered by the Kentucky Historical Society); **Application deadline is June 18**

<https://history.ky.gov/participate/america250ky/america250ky-grant-program>

[America250KYKHSGrantApplicationwithFormFields.pdf](#)

- America250-Kentucky Historical Society page: <https://history.ky.gov/participate/america250ky>
- America250 Program Handbook: <https://heyzine.com/flip-book/7978d4ce33.html>

### KDLA's Programming and Book Kits

KDLA has several [programming kits](#) that you may borrow from us, and the list below is a small representation of what is available. Contact Debbie Hibbard at [Deborah.hibbard@ky.gov](mailto:Deborah.hibbard@ky.gov) to reserve one of these or any of our other programming kits.

[Backyard Bass](#) (developed for young patrons and those who are young at heart 😊 )



KDLA has a [Railroads in Kentucky programming kit](#) that you can use for a program about railroads, transportation, and remembering travel from the past. This article about a California Railroad Museum may give you additional ideas. [Telling Railroad Stories at the California State Railroad Museum | Archives Deep Dive](#) (Library Journal, May 15)

See the [Air Travel in Kentucky programming kit](#) and the attached 'Aerospace and aviation resources' document for additional organizations and resources related to air travel.

['The Great Gatsby' to 'The Queen's Gambit': 8 Kentucky travel locations inspired by books](#) (Courier-Journal, May 21)

- KDLA has book discussion kits for [The Great Gatsby](#) and [The Queen's Gambit](#). Contact Deborah Hibbard to request one of these kits, [Deborah.hibbard@ky.gov](mailto:Deborah.hibbard@ky.gov).

### Programming ideas from [Programming Librarian](#)

[All About Coffee: Latte Art Demo](#) (Programming Librarian, May 15)

[Question of the Week](#) (Programming Librarian, May 20)

### **Musical instruments and music programming for adults**

If your library has musical instruments for use with programming, why not borrow them to use during your visits to nursing homes and adult day cares? See the attached document and an article below that talks about learning to play a musical instrument (it is a bit dated but is also relevant).

[Uncovering why playing a musical instrument can protect brain health](#) The study, published in the *Journal of Neuroscience*, found that learning to play a sound on a musical instrument alters the brain waves in a way that improves a person's listening and hearing skills over a short time frame. Published June 2017, but still so pertinent.

### Other articles on the topic:

- <https://www.bbc.com/news/health-68105868>
- <https://www.aarp.org/home-family/friends-family/info-2023/instruments-to-try-later-in-life.html>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC7927292/>

### What about reading and those who have dementia?

Can reading be considered an effective non-pharmacological intervention for those living with dementia, in a way similar to music and art interventions? Check out this study conducted in five European countries from 2019-2022 with a sample size of 482 people living with dementia paired with a family caregiver - [The HOMESIDE Study—A Research Project to Support People Living With Dementia and Their Family Caregivers: Preliminary Report on Reading Intervention](#).

The study concluded that “the HOMESIDE Reading Intervention shows promise as a non-pharmacological approach to support individuals with dementia and their family caregivers. By promoting shared meaningful reading activities, the RI aims to improve the quality of life and well-being of both care recipients and caregivers .”

### Conversations from the Dementia Services listserv—

Sign up for the listserv here: <https://lists.libraryjuiceacademy.com/mailman3/lists/dementia-svcs.lists.libraryjuiceacademy.com/>

### Dementia resources for library professionals

- Timothy Dickey’s [Library Dementia Services: How to Meet the Needs of the Alzheimer's Community](#), Emerald Press, 2020. Borrow the [print](#) or [e-edition](#) from KDLA.
- Sarah McNicol’s [Supporting People to Live Well with Dementia: A Guide for Library Services](#), Facet Publishing, UK, 2023. Borrow the [e-edition](#) from KDLA.

## Library kits related to dementia

I oversaw the implementation of Alzheimer’s and Brain Health Kits in our collection back in 2020. If you scroll down on our [Health Literacy page](#), you can see a list of the Memory Lane, Memory Activity, and Brain Health Kits. If you expand the “Table of Contents,” it will show you each item. We used a mixture of sites for the items. I’ve received great responses from local memory care facilities about the Alzheimer’s Kits. –Katie Ball, [KBall@saclibrary.org](mailto:KBall@saclibrary.org)

<https://chattlibrary.org/spark-your-mind-with-new-memory-kits-from-the-chattanooga-public-library/>

## Articles

[Navigating Legal Reference at the Public Library](#) (Public Libraries Online, May 23)

[Young Kentuckians provides job opportunities for 18- to 24-year-olds](#) (Kentucky New Era, May 22)

## Webinars

**Resources and strategies to protect older adults from fraud and scams** (WebJunction)

June 4; 3:00–4:00 pm EDT;

Scams, fraud, and exploitation have harmful consequences for anyone, but the impact can be especially devastating for older adults, who may not be able to earn back what they’ve lost. In addition to financial loss, many victims of fraud also experience psychological harm. In this session, panelists will highlight free resources available for libraries to help patrons combat fraud and share experiences hosting effective fraud prevention workshops in partnership with local law enforcement. You’ll leave feeling empowered to help older adults in the community protect themselves from the constant pressure of fraudsters.

[Register now](#)

[ROI: Region One Insights Webinar Series](#) (Network of the National Libraries of Medicine)

06/11/2025 2:00 PM EDT

Summary: Title: Building Bright Smiles: Supporting Children's Oral Health in Your Community

This webinar will empower medical librarians, public librarians, and community health practitioners with the knowledge and tools to support children's oral health in their communities.

### **Upcoming Super Searchers and Meet LEO Webinars**

June 12, 1pm; CDT

These free webinars will teach you more about Google's free tools and resources around information literacy (Super Searchers and Meet LEO). You only need to sign up for one webinar, as they'll all cover the same content.

Learn more and sign up here: [www.ala.org/pla/initiatives/informationliteracy/...](http://www.ala.org/pla/initiatives/informationliteracy/...)

Sincerely,

Hilary